



UT SELECT
members are
invited to join
a webinar.

Spotlight on Omada®: Healthy is for everyone.

Join BCBSTX and Omada for a Q&A webinar regarding the program included at no additional cost to you or any of your covered family members.

Wednesday, November 8th from 12-12:30PM (11-11:30AM MT)

This session will cover foods that fuel immunity and understanding prediabetes and diabetes. Omada offers the option of Spanish-speaking coaches and Spanish translation services.

Register and Join Here: <https://cvent.me/Keq5Xd>

Webinar will be recorded and available to view later if you are unable to attend.

Omada is an independent company that has contracted with Blue Cross and Blue Shield of Texas to provide chronic disease prevention solutions.

Blue Cross and Blue Shield of Texas, a Division of Health Care Service Corporation, a Mutual Legal Reserve Company, an Independent Licensee of the Blue Cross and Blue Shield Association