



CARDIOVASCULAR SCREENING EVENT SIGN UP TODAY!

February 9th & 10th, 2023 at UT Dallas

Screening will be conducted at HR Live Oak Conference Room, AD 3.418Q
(Screening is covered with no out-of-pocket cost for employees on the UTD insurance plan)

Cardiovascular screenings can help identify potential risk that could lead to a stroke or heart attack

- **Screening includes:**
 - Carotid ultrasound – screens for plaque in the carotid arteries to detect and help prevent strokes. (noninvasive)
 - Duplex ultrasound of extremities - screens for narrowing or blockage in the lower extremities.
- **Risk factors include** (does not include all risk factors):
 - High blood pressure or cholesterol
 - Family history of heart disease or stroke
 - Sedentary lifestyle
 - Age 40 and over
 - High fat diet / Obesity
 - Diabetes
 - Smoking



Note: This screening goes beyond your regular physical. It is an actual photo of your arteries to check for signs of plaque buildup.

How to schedule your appointment:

- To secure your appointment time email catheyc@premiercorporatewellness.com with questions.
- We will contact you for insurance information and send paperwork that needs to be completed.
- Day of the appointment – bring a copy of your insurance card, photo ID and paperwork. (Please bring a photocopy of your cards that we can keep.)



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